

# MARYAM ALSADAT MORTAZAVIAN BABAKI

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## ● ABOUT ME

Compassionate and skilled Physiatrist with extensive experience in both inpatient and outpatient rehabilitation settings. Proficient in diagnosing and managing a wide range of musculoskeletal, neurological, and functional impairments. Committed to enhancing patient quality of life through collaborative care and personalized rehabilitation programs. Recognized as partially comparable in rehabilitation medicine by the RACP subcommittee report.

### Skill Highlights

**Clinical Expertise:** Proficient in electrodiagnostic studies, musculoskeletal and neurological disorder management, and imaging interpretation.

**Rehabilitation Planning:** Skilled in developing individualized rehabilitation programs and conducting thorough physical examinations.

**Interdisciplinary Collaboration:** Experienced in working with diverse healthcare teams to optimize patient outcomes and leading the rehabilitation team

**Patient Education:** Committed to educating patients and families on treatment options and self-care strategies.

**Communication Skills:** Excellent verbal and written communication for effective interactions with patients and medical teams.

**Continuing Professional Development:** Committed to participating in diverse educational programs related to the proficient

## ● EDUCATION AND TRAINING

2016 – 2019 Tehran, Iran

### PHYSICAL MEDICINE AND REHABILITATION SPECIALTY DEGREE

Shahid Beheshti University of Medical Sciences

**Address** 7th Floor, Building No. 2, Velenjak, Tajrish, Arabi Ave, 1416753955 , Tehran, Iran

**Website** <https://en.sbm.u.ac.ir/>

2006 – 2014 Tehran, Iran

### DOCTOR OF MEDICINE Tehran University of Medical Sciences

**Address Number 21, Dameshgh St., Vali-e Asr Ave., 1416753955 , Tehran, Iran**

**Website** <https://en.tums.ac.ir/en>

## ● WORK EXPERIENCE

23 OCT 2019 – CURRENT Tehran, Iran

### PHYSIATRIST (YARA COMPREHENSIVE REHABILITATION CENTER)

- ✓ Evaluate and treat patients with musculoskeletal and neurological conditions, developing and supervising individualized rehabilitation plans.
- ✓ Collaborate with interdisciplinary teams including physical therapists, occupational therapists, speech therapists, psychiatrist , and other health care professionals to optimize patient care
- ✓ Perform diverse procedures including musculoskeletal injections (with and without ultrasonography guide), electrodiagnostic studies , botulinum toxin injections
- ✓ Conduct comprehensive assessments, order diagnostic tests, and maintain detailed patient records in compliance with healthcare regulations.
- ✓ Leading the rehabilitation team

14 May 2014 to 21 September 2016,Tehran,Iran

## **General physician (clinic of 22<sup>nd</sup> district of Tehran municipality)**

- Provided general medical care, conducting physical examinations and formulating treatment plans for a diverse patient population

### **● LANGUAGE SKILLS**

Mother tongue(s): **PERSIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken	Spoken production	interaction
<b>ENGLISH(OET)</b>	B(390)	B(360)	B(370)	B(370)	B(370)
<b>GERMAN</b>	A2	A2	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

### **● DIGITAL SKILLS**

Microsoft Office| Social Media | Internet Skills | Skype | Google Docs | information search | SPSS

### **● ADDITIONAL INFORMATION**

#### **COMMUNICATION AND INTERPERSONAL SKILLS**

##### **Communication skills**

- Strong verbal and written communication skills developed through extensive medical education, research, and professional

- presentations.
- Demonstrated ability to effectively convey complex medical concepts to patients, colleagues, and diverse audiences.
  - Proficient in delivering presentations, contributing to conferences, and engaging in educational activities to share knowledge within the medical community.
  - Exceptional listening skills, facilitating clear understanding and open communication among interdisciplinary teams.

## MEMBERSHIPS

### CURRENT

- Iranian Society of Physical Medicine, Rehabilitation and Electrodiagnosis**
  - Canadian association of physical medicine and rehabilitation (CAPM&R)**
  - Canadian advances in neuro-orthopedics for spasticity consortium (CANOSC)**
  - International society of physical and rehabilitation medicine (ISPRM)**
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## PUBLICATIONS

– 2016

*Sotoudeh Anvari M, Mortazavian Babaki M, Boroumand MA, Eslami B, Jalali A, Goodarznejad H. Relationship between calculated total antioxidant status and atherosclerotic coronary artery disease.*

*The Anatolian Journal of Cardiology [Internet]. 2016;16(9):689–95*

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– 2019

*Bayat M, Raeissadat SA, Mortazavian Babaki M, Rahimi-Dehgolan S. Is Dextrose Prolotherapy Superior to Corticosteroid Injection in Patients With Chronic Lateral Epicondylitis?: A Randomized Clinical Trial. Orthop Res Rev. 2019 Nov 5;11:167-175. doi: 10.2147/ORR.S218698. PMID: 31819675; PMCID: PMC6847986.*

## Continuing Professional Development

**1-Iranian continuing Medical Education Program(CME)**

**2-Attestation letter of Canadian CPD 2023**

**3-WFNR Teaching Course Clinical Pathway in Stroke Rehabilitation certification (a month teaching course), 2-5. 2021**

**4-WFNR Teaching Course Clinical Pathway in Stroke Rehabilitation certification (a 3-month teaching course), 9-12. 2023**

## Workshops(extra)

-Nano technology courses (120 hours in 60 session) hosted by pivot of NABA, 12. 2010

-The workshop of acupuncture and its application hosted by Iranian instate of acupuncture and massage development (48 hours), 9. 2014

-35th Congress of the French society for physical and rehabilitation medicine (WCNR), 10.2020

-Oral presenting author in 35th Congress of the French society and rehabilitation (WCNR),10.2020

-ePoster presenting author in 35th Congress of French society and rehabilitation (WCNR),10.2020

Sonography application in pain management ,local and general anesthesia 2023

REFEREE:

Prof.Seyed Ahmad Raeissadat  
Physical medicine and rehabilitation Specialist  
Fellowship of spinal cord injury and spine medicine

[A\\_raeissadat@sbmu.ac.ir](mailto:A_raeissadat@sbmu.ac.ir)

Dr.Mohsen Cheraghi  
Physical medicine and rehabilitation Specialist  
Fellowship of spinal cord injury and spine medicine

[Mohsencheraghi@sbmu.ac.ir](mailto:Mohsencheraghi@sbmu.ac.ir)

#### **HOBBIES AND INTERESTS**

- Reading literature and writing
- Jogging and hiking
- Swimming, doing workouts
- Painting
- Yoga

#### **VERIFICATION STATEMENT**

I verify that the information contained within this Curriculum Vitae is true and correct as

Name: Maryam Alasadat Mortazavian Babaki Date:3/01/2025 signed

